

## Resources to learn more about gender identity

We have lots of publications and some on "how to be a good ally" that might be helpful. These can be obtained on line at [pflag.org](http://pflag.org) this is the national website of PFLAG. Lots of good information to download.

One N Ten is an organization in Phoenix that serves LGBTQ youth - 602-400-2601. E-mail is [info@onenten.org](mailto:info@onenten.org) Their website is [onenten.org](http://onenten.org)

You can contact PFLAG Sedona/Verde Valley three ways:

E-mail is [pflagsedona@gmail.com](mailto:pflagsedona@gmail.com) - If anyone would like to get on our mailing list and/or attend one of our meetings (second Tuesday of every month from 6:30-8:30 p.m.), they should send us an e-mail and request to be put on our mailing list. They will then be e-mailed confidentially/ blind copied each month about the speaker/program and will also get the Zoom link/invitation to the meetings. Everything we do is strictly confidential, so anyone who wants to attend our meetings will be assured that we provide a safe space and total confidentiality.

Our website is [pflagsedona.org](http://pflagsedona.org) - All of our scholarship information is on our website

Our Facebook page is PFLAG Sedona/Verde Valley

Unify Sedona can be found at [www.unifysedona.org](http://www.unifysedona.org) and they have their own list of resources right on their home page. They promote and celebrate diversity through education and community outreach.